









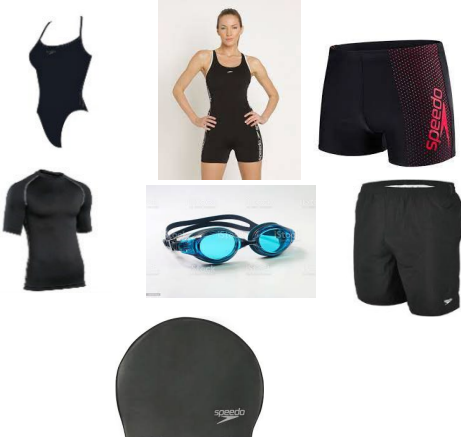





PE KIT EXPECTATIONS

PE Tops (Require school branding and are available from Hewitts)					<p>Students may opt for a buttoned or open neck polo, whichever is most appropriate for their sport or preference.</p> <p>The games jersey is recommended for rugby in both PE lessons and extra-curricular activities.</p>
	<p>Polo shirt with buttons</p>	<p>Open neck polo</p>	<p>Games Jersey (Optional) – more robust and more suitable for rugby/colder days</p>	<p>1/4-zip top (optional) – suitable for colder days</p>	
Bottoms (branded or unbranded)					
	<p>Shorts</p>	<p>Skort</p>	<p>Leggings</p>	<p>Lycra or running/cycling shorts (e.g. Nike Pro) – where this style is preferred, they should be of 5" length or longer</p>	<p>Tracksuit bottoms</p>
	<p>Students may opt for a skort or shorts, whichever is most appropriate for their sport or preference.</p>		<p>The above should be sports-appropriate, black, and with only a small logo/branding.</p>		
Alternatives / Adaptations	<p>Plain black items (not with large logos or branding) are acceptable alternatives in either cotton or sports fabrics.</p>				



<p>Miscellaneous</p>	 Games socks (Optional)	<p>Swimming costumes</p> 	<p>Footwear and other safety equipment.</p> 	<p>Jewellery is not permitted in PE and extra-curricular activities for safety reasons.</p>
<p>Notes</p>	<p>Socks Short white/black sports socks are permitted, especially for indoor sports. Games socks are required for activities requiring shin pads.</p>	<p>Swimwear should be "pool/swimming appropriate" and it "should not inhibit movement/safety in the pool".</p> <p>No bikinis are permitted. Students are welcome to wear a swimming t-shirt (rash vest - not a normal t-shirt).</p> <p>Students will be informed in advance if they are timetabled to swim.</p>	<p>Trainers with non-marking soles are required.</p> <p>Studded boots will be needed for field activities in Autumn/Spring.</p> <p>Shin guards are recommended for relevant PE lessons and compulsory for inter school and inter SAM fixtures.</p> <p>Gumshields are compulsory for contact rugby; students cannot do contact in lessons or games without one.</p>	
<p>Alternatives / Adaptations</p>	<p>Plain black items (not with large logos or branding) are acceptable alternatives in either cotton or sports fabrics.</p>			